



THE
RUSSELL
COMPANY

COST CUTTING IDEAS

Whether you're saving up for a new home or weathering financial strains, here are some cost cutting ideas to help simplify your essentials.

Cut back and/or bundle phone and internet services.

Cancel unnecessary repeating charges- Stichfix, Audible, Netflix/Hulu/Prime Video

Watch what you eat - Make a meal plan. Online shopping for groceries can actually save you money!

Avoid impromptu spending - Remove saved credit card numbers from accounts like Amazon.

Consider what's FREE: Online Library books, water from your faucet, working out outside go for a walk instead, or enjoy a mint.

Stop smoking—replace the bad habit with a good one! Every time you want to light up, call your credit card company to ask about lowering your interest rate. Also, ask about pausing or deferred monthly payments.

Stay at home fun - What's in your closet? Where did you put all those old puzzles and games?

Try a no-spend quarantine. You've stocked up, now see how long you can go without a single monetary transaction.



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